



NATIONAL SERVICE SCHEME

GUJARAT TECHNOLOGICAL UNIVERSITY

Government Engineering College, sector-28, Gandhinagar

A report on **“International Yoga Day”** on **21/06/2022**
of - **NSS unit, Government Engineering college, sector -28**

NAME OF NSS UNIT: - NSS unit, Government Engineering college, sector -28,
Gandhinagar

NAME OF EVENT: - International Yoga Day

DATE AND VENUE: - 21st June 2022; GEC, Gandhinagar college campus.



Government Engineering College,
Gandhinagar

Nr. Animal Vaccine Institute, Sec-28, Gandhinagar-382028



Invites you to
YOGA-GECGn@2022

To celebrate
INTERNATIONAL
Yoga Day



YOGA INSTRUCTOR
PROF. H M TUVAR
Asst. Professor (Appl. Mech.)

COORDINATOR
DR. N D PATEL
NSS Coordinator



PATRON
DR. N K ARORA
Principal (I/C)

Date: 21st June, 2022
Venue: Ground Opp. Building No.03
Time: 09:00 AM to 10:00 AM

Flyer of the event

A glimpse of the Yoga Day Event

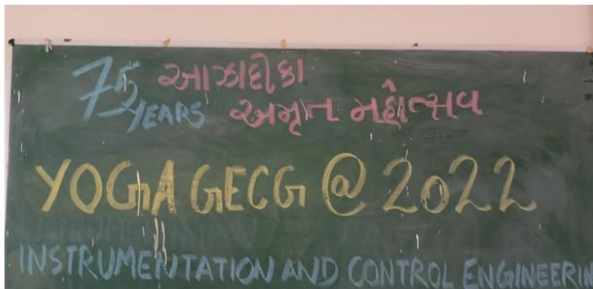
Government Engineering College, Sector-28, Gandhinagar celebrated the 8th International Yoga Day, at the college campus in a different department on 21st June 2022, Wednesday. Before Celebrating International YOGA Day Yoga practice series was conducted at Government Engineering College, Sector-28, Gandhinagar from 17th June to 20th June 2022. Many students and staff took part in this celebration and practiced YOGA during this practice session. International Yoga Day was celebrated by the students and Professors at GEC, Gandhinagar with great enthusiasm.

It was one hour session, started department wise event separately in their facilities at 9:00 am. Demonstration video by Ministry of Aayush was giving insights of various Asanas, Dhyan & Pranayam. It was displayed in each department on big screen and staff members followed the same instruction given in the video. All the staff participated enthusiastically and were energized with divinity. This program is conducted under the guidance of principal Dr. N. K. Arora. This event was conducted by NSS department, GEC, Gandhinagar.

Photographs of the Celebration of International Yoga Day in all departments in the institute.









Attendance sheet of staff members

